

**Soul*Full Women's Photography Retreat: Oregon Coast
June 6-10th, 2012**

Led by: Catherine Just

Sponsored by: Journeys of the Spirit®

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<http://www.journeysofthespirit.com/trips/oregon-photography-workshop/>

Dear Spiritual Traveler,

Thank you for joining us on this fantastic Journey of the Spirit®! We are excited you could join us for this heartfelt adventure. To make sure you have a great trip, we have enclosed some helpful information.

Before the trip

Please sign and return the following forms:

1. Trip Application
2. Statement of Psychological and Health Conditions
3. Release of Liability and Assumption of All Risks

To: Sheri A. Rosenthal, 6245 Vista Verde Dr, Gulfport, Fl 33707 **as soon as possible**.
Feel free to fax the forms or scan and email them if that is better for you.

A deposit of \$150 per person is needed preferably by **March 1st, 2012**. Final payment is due: May 1st, 2012. Any cancellation made in writing between: March 1st, 2012 and April 1st, 2012 will result in a cancellation fee of \$150.00 USD. Any cancellation made between: April 1st, 2012 and the trip departure will result in a total loss of your funds unless we can find someone to take your place. If we can find someone to replace you, we will refund your balance minus your deposit (\$150.00 USD) which is non-refundable. Any cancellation made: after the trip departs will also result in total loss of trip funds. We reserve the right to cancel the trip if it is not meeting the trip minimum. Trip cancellation insurance is recommended to cover such issues. The deposit is what confirms your reservation.

All forms must be signed and received in the office before departure or you will not be able to travel with us. Please understand our insurance carrier requires this of us! Also, it is essential that you put your flight information on the trip application form so we know when your flight is arriving so we can help with sharing in car rentals at the Portland airport!

Arrival in Portland June 6th

We are meeting up at the house at 7:00pm so make sure you eat some dinner in town before arriving. Our home is located at: Elliot Beach House, 37415 Beulah Reed Road, Manzanita (or Neahkahnie), Oregon. (For some reason, the stretch of street in front of our house is referred to as Pacific Avenue on some mapquest-type sites despite a street sign saying Beulah Reed!)

Departure from Portland June 10th

We would need to leave our home by noon – so do leave yourself at least 4 hours from the time you leave to when your flight is to be safe.

Money

In general you will need about \$45.00 USD per day for food (depending on the day) plus things you might like to buy – like gifts. If you burn calories fast, or if you need to eat or snack often, make sure you have power bars, nuts, trail mix or whatever you need to take care of your body! Most restaurants will allow you to charge your meals to your credit card. Also, we have a full kitchen in the house, so if you want to eat dinners home and cook – that is absolutely possible and will save you money by grocery shopping. Do plan on eating lunch out during the day.

Ground Transportation

Most of us will have rental cars and we can car pool each day to where we are going. After our work together is done you can go shopping together, do more photography, or enjoy as you wish!

Our Home

The beach house phone number is 503-368-7457.

Daily Itinerary

The actual schedule of spiritual teachings and what we will be doing day to day is not published. This is because we teach by channeling spirit which comes in the moment. Every day will be a magical experience for all of us, teachers included! Keep your heart and mind open to the experience life brings us. Depending on the group energy, the program may shift in any direction. Please put your "voice of knowledge" and "need to know" at rest.

On these journeys you will make new friends that share the same desire for transformation as you do. These connections are special and often last a lifetime. When the journey on the path gets weary, it is nice to have some companions that can laugh along with you and shine some light on the darkness. We work hard on these journeys but we also have great fun, laugh a lot and get pretty crazy!

Be assured that we have a wonderful journey planned for you. We look forward to a most exciting adventure together!

With all our love...