

"Bloom True!" with Flora Bowley

Materials List

Paint: Choose brands based on your budget (I prefer Golden brand, but they are the most expensive and not necessary for this workshop. However, if you are able to bring a couple of Golden's fluid acrylics, this will be VERY helpful. If you are bringing all Golden brand paint, bring a mix of heavy-bodied acrylics and fluid acrylics).

4 ounces minimum of each of the following:

- 1 different reds
- 1 different yellows
- 1 different blues
- 1 green
- 1 purple
- 1 orange
- 1 dark brown (van dyke brown is my favorite)
- 1 metallic (copper or gold) fluid if possible
- 1 black
- 2 other colors you really love
- titanium white: 8 ounce minimum (Heavy-bodied white as opposed to fluid)
- glazing medium: 4 ounces minimum

A variety of small brushes for detailed work, cheap ones are fine, just make sure you have at least one very pointed brush.

10 foam brushes (wooden handled with the grey foam square from the paint section at a hardware store): 5 one-inch brushes and 5 two-inch brushes (the stiffer, the better)

A variety of mark-making tools such as old pencils, non-working pens, caps from bottles, bubble wrap, feathers, etc...No need to buy new things. Just look around your house and be creative!

A few small items that are meaningful to you...again, look around your house or in nature

A few images that inspire you (can be from magazines or books or pictures you've taken).

Spray bottle for water (the bigger the better and make sure it works before you come).

A few rags

Apron and/or comfy paint clothes (this tends to be a pretty messy process).

Latex gloves if you don't want paint on your hands...your choice!

Palette, the bigger the better (a large cookie sheet or a muffin tin from a thrift store will work great).

Journal or paper to write on and a pen.

Open heart and mind☺