

**TERMS AND CONDITIONS FOR:
DELRAY, FL: Honoring & Healing the Goddess Within!
February 9–12, 2012
Led by: Shanti Gilbert
Sponsored by: Journeys of the Spirit®
727.421.0849 phone
727.344.1339 fax**

<http://www.journeysofthespirit.com/trips/florida-goddess-retreat>

Included

The 2012 trip cost is: Single occupancy: \$1105.00 USD per person, Double occupancy: \$995.00 USD per person, Triple occupancy: \$955.00 USD per person, Commuter rate: \$765.00 USD per person (includes all teachings, modalities, ceremonies and meals). This price includes: Three home-cooked meals a day and drinks (water, coffee, tea), three nights double occupancy at the Duncan Conference Center, all spiritual teachings, classes and ceremonies, all group and meditation sessions, choice of two healing modalities (either body work with Deborah Kelly, channeling with Carolina Zacaria, or Integrated Energy Therapy with Shanti), use of the pool, jacuzzi and labyrinths, group Channeling session led by Carolina Zacaria, healing Meditation with singing bowls led by Debra Kelly, Fire and Pipe Ceremony led by Shanti, Sunrise Ceremony on the beach with Shanti.

Not-Included

Soda and alcoholic beverages are not included, personal items such as phone calls and souvenir shopping, your round-trip air flight to and from Ft. Lauderdale, and your transport to the center are not-included. Bring some cash for non-included healing services, and for the room-maids (we suggest \$1.00 USD per day per person). Round trip shuttle or rental car to/from the center is not included. Also not included are: items of a personal nature such as, gifts, excess baggage, medical costs, the costs of hospitalization if you are ill, travel insurance and additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control. Other non-included items would be: any other activities, healing sessions, and tours not included in our package.

Payment

A deposit of \$250.00 USD is required by December 1st, 2011. Final payment is due: January 1st, 2012. All payments are by Visa or MasterCard, Paypal, money order or cashier's check, made out to "Journeys of the Spirit." All payments must be received in the office a minimum of one week before the date of trip departure. We cannot make exceptions to this policy. You can make your payments online on the website if you like.

Cancellation and Refunds

Any cancellation made in writing between: December 1st, 2011 and January 1st, 2012 will result in a cancellation fee of \$250.00 USD. Any cancellation made between: January 1st, 2012 and the trip departure will result in a loss of 50% of the trip price. Any cancellation made: after the trip departs will result in total loss of trip funds. Trip cancellation insurance is always recommended when making travel plans. You can use our suggested [travel insurance company](#) online and choose from several policy options. All cancellations must be made to Sheri A. Rosenthal, DPM Inc in writing and any refund requests must be made in writing to Sheri A. Rosenthal, DPM Inc within 30 days of the return date. Please send written requests to: 6245 Vista Verde Drive West, Gulfport, FL 33707.

Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit® reserves the right to cancel any trip prior to departure for any reason whatsoever, including an insufficient number of participants or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph below shall release Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit® from any further liability. A trip cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes or other events impede our departure causing large numbers of participants opt to cancel participation on the journey in the last days before departure.

Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit® must make substantial payments to suppliers (including providers of land travel) far in advance of the scheduled date on which we embark. If a trip is cancelled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit® will promptly refund the portion of the trip cost not advanced to suppliers (including any moneys set aside for airfare). Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit® will use its best efforts to recover advance payments as promptly as possible, and will refund to you the amount recovered, if any. However, Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit® does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to a trip cancellation by client choice following any necessary increase in trip costs.

Thank you for joining us on this journey and for your cooperation & understanding!

DELRAY, FL: Honoring & Healing the Goddess Within!

Ladies, are you looking for...

- *A beautiful healing weekend* in Florida out of the February chill?
- *The opportunity to share and grow* in a sacred circle of Goddesses?
- *Some peace and quiet* to center yourself and detach from life's insanity?
- *A chance to focus on YOU*, what you are feeling and needing in this moment?

Too often as women we spend our time devoted to our parents, children, partners, and work – along with maintaining a busy schedule filled from morning to night every day. Finding time to dedicate to ourselves for massage, meditation or even a quiet moment is a real challenge!

But on this special weekend before Valentine's Day we celebrate and honor our inner beauty, strength and love within a sacred circle of sisterhood. It's time to put time aside to recharge, rejuvenate, and re-center ourselves. Together we will walk the labyrinth, share in a fire and pipe ceremony, experience a singing bowl meditation and so much more – all designed to help you to release those feelings of being off balanced, overworked or whatever is blocking your peace and sanity.

Highlights of your retreat include:

- Three nourishing and yummy meals a day
- Three nights double occupancy at the Duncan Conference Center
- Use of the labyrinths, pool and jacuzzi
- Fire and pipe ceremony with Shanti
- Healing Meditation with singing bowls
- Sacred circle of sisters
- Choice of two healing modalities (either body work with Deborah Kelly, channeling with Carolina Zacaria, or Integrated Energy Therapy with Shanti)
- All spiritual teachings and group sessions
- 4 days of blessed Florida sunshine!
- Group Channeling session
- Sunrise Ceremony on the beach

Rejuvenate & Restore!

Shanti and her support team of Carolina Zacaria and Debra Kelly will create the opportunity for you to find your balance and harmony through group activities, ceremony, body work, channeling the divine, energy medicine and guided meditations.

During our time together you will release the routines or habits that no longer serve your highest good or support what you want to manifest in life. Together we will plant powerful new seeds of self-love and

assist you in creating models of support that will help you ground this nourishing and clarifying time into your daily life.

A Little "Peace" of Paradise

Our sacred space will be at the Duncan Conference Center in Delray Beach, Florida. Their five-wooded acres of peace and serenity, delicious and nutritious food, clean and spacious accommodations, are located only 30 minutes from the Palm Beach and Fort Lauderdale airports.

The facilities include 2 labyrinths, an outdoor swimming pool and a Jacuzzi. The labyrinth's design is based on the circle, the universal symbol of unity and wholeness and is a spiritual tool for growth, discernment, prayer and healing which we will use during our stay.

*The simplest and most basic meaning of the symbol of the Goddess
is the acknowledgment of the legitimacy of female power as
a beneficent and independent power.
Carol P. Christ*

Itinerary for our Retreat

Day 1: Thursday, February 9 (-/-/d)

Meet the group at the Duncan Conference Center at 4:00 pm for a group get together and opening ceremony. **After a wonderful dinner we will gather in the evening for sharing intentions and a Healing Meditation with singing bowls led by Debra Kelly.**

Day 2: Friday, February 10 (b/l/d)

We'll meet for optional gentle stretch exercises prior to breakfast. Following our breakfast we will gather for group activities. We will introduce journaling and the Medicine Women Cards. You will then begin to release whatever is blocking your peace and sanity in a beautiful Guided Labyrinth Walk. The Duncan Center has two labyrinths on the grounds that were built based on the famous Chartes labyrinth. Following our experience there will be an opportunity to journal and share.

The afternoon will be spent luxuriating in your treatment choice and free time. Following our dinner we will meet for a Group Channeling session led by Carolina Zacaria. She will share group channeled messages and then answer individual questions. You will be able to connect with your higher self as well as individuals that you have questions about.

Day 3: Saturday, February 11 (b/l/d)

This day will focus on accessing your Inner Peace and Beauty. We will begin the day by meeting and going for a Sunrise Ceremony at the beach to further center ourselves and commune as Goddesses with the Mother Earth in all her glory. Following breakfast we will meet as a group to participate in activities to further support your awareness of the issues in your life that are preventing you from creating the best life for yourself. After lunch you will have journal time, one of your treatments and free time to continue to get clarity and expand on your inner balance and harmony.

The grounds of the Duncan Center will continue to reflect your blossoming self-love as you walk around the area. Following dinner we will gather for a Fire Ceremony. During this experience you will release any of your routines or habits that no longer serve your highest good or support what you want to manifest in life. The pipe ceremony will provide the opportunity for you to verbalize your prayers for yourself and others and send them to spirit so they can manifest.

Sunday, February 12 (b/l/-)

Prior to breakfast you will choose between a walk in the area or a labyrinth walk. **Our morning group session will be a time to learn about support and integrating the weekend lessons into your life. You will also have the time to give and receive feedback. We will then have a closing ceremony followed by lunch. You will then be on your way; nourished, nurtured and feeling more beautiful.**