

DELRAY, FL: Honoring & Healing the Goddess Within!

February 9–12, 2012

Led by: Shanti Gilbert

Sponsored by: Journeys of the Spirit®

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<http://www.journeysofthespirit.com/trips/florida-goddess-retreat>

Dear Spiritual Traveler,

Thank you for joining us on this fantastic Journey of the Spirit®! We are excited you could join us for this heartfelt adventure. To make sure you have a great trip, we have enclosed some helpful information.

Before the trip!

Please sign and return the following forms:

1. Trip Application
2. Statement of Psychological and Health Conditions
3. Release of Liability and Assumption of All Risks

To: Sheri A. Rosenthal, DPM, 6245 Vista Verde Drive west, Gulfport, FL 33707 **as soon as possible**. Feel free to fax the forms if that is better for you.

Single occupancy: \$1105.00 USD per person

Double occupancy: \$995.00 USD per person

Triple occupancy: \$955.00 USD per person

Commuter rate: \$765.00 USD per person (includes all teachings, modalities, ceremonies and meals)

A deposit of \$250.00 USD is required by December 1st, 2011. Final payment is due: January 1st, 2012. Any cancellation made in writing between: December 1st, 2011 and January 1st, 2012 will result in a cancellation fee of \$250.00 USD. Any cancellation made between: January 1st, 2012 and the trip departure will result in a loss of 50% of the trip price. Any cancellation made: after the trip departs will result in total loss of trip funds. Trip cancellation insurance is always recommended when making travel plans. You can use our suggested travel insurance company online and choose from several policy options.

All forms must be signed and received in the office before departure or you will not be able to travel with us. Please understand our insurance carrier requires this of us! Also, it is essential that you put your flight information on the trip application form so we know when your flight is arriving so we can help with sharing in car rentals at the Phoenix airport!

Arrival in Ft Lauderdale, FL – February 9

You are responsible for your travel arrangements to FT Lauderdale, FL. Once you arrive you will need to get to the Duncan Center which is located ~25 minutes north of the airport. The address is: 15820 S. Military Trail, Delray Beach, FL, 33484. Phone: (561) 496-4130, Toll-Free: (877)719-5861.

Please do your best to arrive by **4:00pm** as we will be meeting at 5:00pm (so try not to arrive any later into Ft Lauderdale than 3:00pm).

Departure from Ft Lauderdale, FL – February 12

Going home leave enough time for the 25 minute drive to the airport plus 2 hours lead time at the airport. You can share rides if you get your flight info to us – we can see who is arriving and when and match you up if you like.

Money

In general you will need about \$10.00 per day for knick-knacks plus things you might like to buy – like gifts. If you burn calories fast, or if you need to eat or snack often, make sure you have power bars, nuts, trail mix or whatever you need to take care of your body! If you have additional massage or any bodywork do bring cash.

Ground Transportation

We are using our cars for group travel during this journey since we are traveling locally on this trip.

Our Home Away From Home

Please let your family or a friend know where you are while you are away. Shanti's cell phone is 928-821-3128.

Daily Itinerary

The actual schedule of spiritual teachings and what we will be doing day to day is not published. This is because we teach by channeling spirit which comes in the moment. Every day will be a magical experience for all of us, teachers included! Keep your heart and mind open to the experience life brings us. Depending on the group energy, the program may shift in any direction. Please put your "voice of knowledge" and "need to know" at rest.

On these journeys you will make new friends that share the same desire for transformation as you do. These connections are special and often last a lifetime. When the journey on the path gets weary, it is nice to have some companions that can laugh along with you and shine some light on the darkness.

Be assured that we have a wonderful journey planned for you. We look forward to a most exciting adventure together! **With all our love...**