

TERMS AND CONDITIONS FOR:
Sedona Spiritual Retreat: Embracing Oneness
September 19th-24th, 2009
Led by Sheri Rosenthal, DPM
www.journeysofthespirit.com

Included

Total costs for this journey are \$1559.00 double occupancy accommodations - 5 nights and 6 days. There are 5 nights at the Sedona Mago Retreat Center in Sedona, AZ. There are certain meals included in this journey and they are noted next to each day on the itinerary in parentheses (5 breakfasts, 2 lunches and 5 dinners are included). All tips for the guides and bell boys are included. All lectures and teachings from Sheri Rosenthal DPM, Shanti and their designated teachers are included. The supplement for a single room can be requested at \$350.00. A single may not be available less than 45 days before the departure. While we cannot guarantee that we can find you a roommate, we make every effort to do so. In the event we are unable to find a roommate for you, you will be required to pay the single supplement cost.

Not-Included

We are not responsible for your round trip flight from your home to Phoenix, AZ. Also not included are: meals not indicated in the itinerary, items of a personal nature such as, gifts, souvenir shopping, laundry services, beverages, toll calls, excess baggage, medical costs, the costs of hospitalization and evacuation from remote areas, travel insurance and additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control. Tips to the maids are not-included (we suggest leaving \$1.00 per day). Other non-included items would be: massage services, other activities and tours not-included in our package.

Payment

A \$500.00 dollar deposit per person, which secures your place on the journey, is preferably due by **July 1st, 2009**. The remaining payment in full is due by **August 1st, 2009**. **All payments are by Visa or MasterCard, PayPal, money order or cashier's check, made out to "Sheri A. Rosenthal, DPM Inc."** Unfortunately, no personal checks can be accepted. All payments must be received in the office a minimum of one week **before** the date of trip departure. We cannot make exceptions to this policy.

Cancellation and Refunds

If cancellation occurs 60 or more days before departure there will be no loss of deposit. Any cancellation made in writing from: July 1st- August 1st will result in a cancellation fee of \$500.00. Any cancellation made after: August 1st up to the date of departure will result in total loss of deposit (\$500.00) plus any non-refundable deposits we have had to make to our suppliers. Trip cancellation insurance is recommended to cover such issues. We reserve the right to cancel the trip if it is not meeting the trip minimum. All cancellations must be made to Sheri A. Rosenthal, DPM Inc in writing. Any refund

requests must be made in writing to Sheri A. Rosenthal, DPM Inc within 30 days of the return date. Please send written requests to: 420 Dover Highlands Trail, Ellijay, Georgia 30540. **We strongly recommend Travel Cancellation Insurance if there is any chance you may have to cancel for any reason at all.**

Sheri A. Rosenthal, DPM Inc reserves the right to cancel any trip prior to departure for any reason whatsoever, including an insufficient number of participants or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph below shall release Sheri A. Rosenthal, DPM Inc from any further liability. A trip cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes or other events impede our departure causing large numbers of participants opt to cancel participation on the journey in the last days before departure.

Sheri A. Rosenthal, DPM Inc must make substantial payments to suppliers (including providers of land travel) far in advance of the scheduled date on which we embark. If a trip is cancelled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), Sheri A. Rosenthal, DPM Inc will promptly refund the portion of the trip cost not advanced to suppliers (including any moneys set aside for airfare). Sheri A. Rosenthal, DPM Inc will use its best efforts to recover advance payments as promptly as possible, and will refund to you the amount recovered, if any. However, Sheri A. Rosenthal, DPM Inc does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to a trip cancellation by client choice following any necessary increase in trip costs.

Thank you for joining us on this journey and for your cooperation & understanding!

**Sedona Spiritual Retreat: Embracing Oneness
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Led by Sheri Rosenthal, DPM**

Please join us for a magical retreat to the red rock country of Sedona, Arizona. For six days we will have the opportunity to experience the beauty, majesty and energy of this unusual location on Mother Earth. Each day we will visit a different vortex to reflect our inner mystic to us, and in addition, the limiting beliefs and concepts that are keeping us from this self-realization and oneness.

The time frame for our September retreat happens to be during the sacred Jewish holidays of Rosh Hashanah and Yom Kippur. Beginning with Rosh Hashanah on September 18th - until Yom Kippur on September 27th which is the day of Atonement (the *at-one-ment* with Spirit/God), the veils between the worlds are thin making it a perfect time to reflect on the past year and to commit to dreaming a healthier future filled with our deepest intentions. It's time for forgiveness and living our life from a place of wholeness and love. Indeed - you don't have to be Jewish to appreciate this mythology (as this journey is not about religion, but about expressing our divine nature). You only need the desire to open your heart and mind to more powerful opportunities for love and light in your life.

We will be gathering at the lovely Sedona Mago Retreat Center. The center serves a healthy vegetarian diet and is located on land that vibrates at a high frequency. Using the techniques of the vision quest, shamanistic dreaming, meditation and ceremony we will embrace our oneness with the land and each other. From this vantage point you will clearly see how you are preventing yourself from becoming all you can be in this lifetime.

As part of this retreat we will engage in a fire ceremony, multiple ceremonies in beautiful locations, and a beautiful healing massage which is part of the retreat package. If you are looking for a place to open your heart and to gain clarity of your mind, this is where you want to be.

Daily Schedule

Day 1 (-/-/d)- Meet the group at the Sedona Mago Retreat Center at 4:00 pm for a group get-together, opening ceremony and restful night. If you are flying into Phoenix you can carpool to Sedona with some of the other participants! Once settled in we will have an opening ceremony which may include calling in the spirits of the directions, conch shell blowing and the sharing of intentions. We spend the next four days exploring and moving through the sacred Sedona land. We will work with ritual, ceremony, meditation and discussion. There is no definite schedule for these days because in Sedona we work with the energy present in the moment!

Day 2 (b/-/d)- The unusual rock formation of Devil's Bridge is where we will be meeting for a morning ceremony. In the afternoon you may chose to have body work, or have time to journal and hike the land. In the evening we are going to share our experiences and have a meditation under the stars.

Sedona Spiritual Retreat Day 3 (b//d)- Today we will hike Cowpies up Schnebly Road for our morning ceremony and process time. There will be some free time in the afternoon for massages and/or experiencing one of the vortex's on the retreat land. In the evening we will meet again for sharing, discussion and class.

Day 4 (b/-/d)- In the morning we will have a get together for class, sharing, dreaming and meditation time. After lunch we will hike to the Shaman's Cave for a Fire and Pipe Ceremony. In the evening we'll share and have a fire ceremony.

Day 5 (b//d)- For our last day we will hike either Cathedral or Mexcal Mt with the Birthing Cave. The afternoon will have some free time and we will meet again for our last evening dinner and class.

Day 6 (b/-/-)- We leave Sedona today renewed and with a change of heart. New friends have been made and old friendships made stronger. We look forward to the challenge of bringing this new dream home with us!