

**TERMS AND CONDITIONS FOR:
Sacred Sites of Peru & Machu Picchu; Merging with the Divine
October 7th-18th, 2009**

Led by: Sheri Rosenthal & Lee McCormick
www.journeysofthespirit.com

Included

Total costs for this journey is **\$3295.00 USD per person double occupancy**. The single supplement for this journey will be \$325.00 USD. This price includes: double occupancy accommodations for 10 nights. All lectures and shamanic teachings from Sheri Rosenthal DPM, Lee McCormick and Jorge Delgado are included. All tips for our guide and bus driver are included. The internal round trip flight from Lima to Cusco is included in your cost. Ten breakfasts meals are included and can be seen indicated on the itinerary next to each date.

Not-Included

We are not responsible for your round trip flight from your home to Lima, Peru. Alcoholic beverages, non-included drinks, souvenir shopping and laundry services are not included. Some meals and shopping may need to be paid for in cash so plan accordingly. Also not included are: items of a personal nature such as, gifts, toll calls, excess baggage, medical costs, the costs of hospitalization and evacuation from remote areas, travel insurance and additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control. Tips to the guides if any outside of those indicated plus the room maids (we recommend you leave \$1.00 USD per day per person in your room) are not-included. Other non-included items would be: any other activities and tours not included in our package.

Payment

A deposit of \$500.00 is preferred by: **August 1st, 2009**. Final payment is due: **September 1st, 2009**. **All payments are by Visa or MasterCard, Paypal, money order or cashier's check, made out to "Sheri A. Rosenthal, DPM Inc."** Unfortunately, no personal checks can be accepted. All payments must be received in the office a minimum of one week **before** the date of trip departure. We cannot make exceptions to this policy. You can make your payments online on the website if you like.

Cancellation and Refunds

Any cancellation made in writing from: **August 1st to September 1st, 2009** will result in a cancellation fee of \$250.00. Any cancellation made after: **September 1st, 2009** up to the date of departure will result in total loss of deposit (\$500.00 USD) plus any other non-refundable monies pre-paid to our Peruvian suppliers. All cancellations must be made to Sheri A. Rosenthal, DPM Inc in writing and any refund requests must be made in writing to Sheri A. Rosenthal, DPM Inc within 30 days of the return date. Please send written requests to: 420 Dover Highlands Trail, Ellijay, Georgia 30540. **We strongly recommend Travel Cancellation Insurance if there is any chance you may have to cancel for any reason at all.**

Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit reserves the right to cancel any trip prior to departure for any reason whatsoever, including an insufficient number of participants or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph below shall release Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit from any further liability. A trip cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes or other events impede our departure causing large numbers of participants opt to cancel participation on the journey in the last days before departure.

Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit must make substantial payments to suppliers (including providers of land travel) far in advance of the scheduled date on which we embark. If a trip is cancelled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit will promptly refund the portion of the trip cost not advanced to suppliers (including any moneys set aside for airfare). Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit will use its best efforts to recover advance payments as promptly as possible, and will refund to you the amount recovered, if any. However, Sheri A. Rosenthal, DPM Inc dba Journeys of the Spirit does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to a trip cancellation by client choice following any necessary increase in trip costs.

Thank you for joining us on this journey and for your cooperation & understanding!

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Day 1 Oct 6-7th (-/-) ARRIVAL LIMA / FLY TO CUSCO / SACRED VALLEY Today we arrive in Lima where we will gather for our morning flight to Cusco. Then we arrive in the Sacred Valley by bus, have lunch and a wonderful rest. We all meet for dinner and our first lecture and gathering in the evening. We will be staying at the wonderful Hotel Pacaritampu in the Sacred Valley. (9360 ft)

Day 2 Oct 8th (b/-) SACRED VALLEY - PISAC We will visit Pisac today and visit the ruins and the market. This market has evolved into one of the biggest, artesanía markets in all of South America. It begins every Sunday, Tuesday, and Thursday at 9 a.m. The town's main square is filled wall-to-wall with stalls selling the full range of Peruvian artesanía: felt hats, alpaca sweaters and blankets, carved gourds, ceramics, musical instruments, paintings, antiques, a huge variety of trinkets, weavings and jewelry.

Day 3 Oct 9 (b/-) SACRED VALLEY - MORAY - OLLANTAYTAMBO Today we will go to visit the sacred terraces of Moray where there are four huge natural depressions that have been sculpted into deep terraces. These circles represent for us the Cosmic Spiral, and we work with the energy of this place to connect with the womb of the Mother Earth (Mama Pacha). Time to do a ceremony in order to offer something to her and asking permission to be there. Overnight at Hotel Pacaritampu.

After lunch we travel through the Sacred Valley, with its breathtaking vistas of the Urubamba River to Ollantaytambo an incredible ancient Inca city. Two hundred steps lead up terraces to a double-jamb gateway and the Temple of Ten Niches, a long wall with odd protuberances. Above this is the unfinished Temple of the Sun, considered one of the masterpieces of Inca stonework. Six giant monoliths of pink rhyolite are perfectly slotted together with thin slices of stone and oriented to glow with the rising sun.

At Ollantaytambo we will discover the surprising Astronomical Watcher, which lies under the Tunupa's glance (Part of the Wiracochan myth) who is sculpted on stone in part of the Pinkuylluna mountain in front

of the archaeological complex. In this place of power we offer Coca leaves which are used to send love and thanks to the Spirit of the Mountains, the Apus and to Pachamama (Mother Earth). We will take a beautiful walk to see the famous Pacarectampu Pyramid.

Day 4 Oct 10th (b/-/d) BY TRAIN - AGUAS CALIENTES Catch the morning train for 1.5 hour ride through beautiful mountains and jungle scenery of the Andes before arriving at Machu Picchu. We will have our first ceremony to ask permission of the Entities of the place: The Puma, The Condor and Lights of Spirits. We visit the Seven Places of Power at Machu Picchu. This entire stone complex is a high voltage magnetic focal point and every invocation made at Machu Picchu is amplified to incalculable proportions. We will spend a few days here merging our energies with this sacred site and deepening our understanding of the Inca mythology. Evening visit to the healing hot springs of Aguas Calientes. Overnight at in Aguas Caliente. (7500 ft)

Day 5 Oct 11th (b/-/-) MACHU PICCHU Some of you may want to climb the sacred peak of Wayna Picchu to the top today. We'll also have the opportunity to hike to the Temple of the Moon, partway down the northern side of Wayna Picchu. We will continue our explorations of the Royal Tomb, the Funerary Rock, the Sacred Plaza, Condor Temple and the Inihuatana Stone (known as the "hitching post of the sun" is a carved rock pillar whose four corners are oriented toward the four cardinal points. The Inca were accomplished astronomers, and used the angles of the pillar to predict the solstices). Overnight in Aguas Caliente.

Day 6 Oct 12th (b/-/-) MACHU PICCHU Today we continue to explore the amazing site of Machu Picchu. Time to go to Mandor (water falls). It is a nice walk of 25 minutes more or less. We will do a ceremony in order to connect with the spirit of the place. Overnight in Aguas Caliente.

Day 7 Oct 13th (b/-/-) BY TRAIN TO CUSCO Unfortunately we must leave Machu Picchu behind and continue on our journey to Cusco by train again. Tonight we overnight in Cusco at the Ruinas Hotel. (11,500 feet)

Day 8 Oct 14th (b/-/-) CUSCO /ALTARS Today we will visit several sacred sites including: Tambomachay; where we will be cleaned and purified, Kenko; where we experience an awakening at the altar of the Puma, Amaru Machay; where we visit the Temple of Rebirth and connect with the Mother Earth. And lastly we visit Kusillucchayoc, the sacred Moon temple that was used as a place of initiation by the Incas. Tonight we overnight in Cusco Ruinas Hotel.(11,500 feet)

Day 9 Oct 15th (b/-/-) CUSCO /ALTARS Today we have the opportunity to explore the grand city of Cusco, the navel of the earth. Cusco was laid out on a grid plan to reproduce the shape of a puma, their sacred mountain animal. The pre-Inca site of Sacsayhuaman, high above the northern edge of the city, forms the head of the puma and the Coricancha temple forms the center of the grid. At Sacsayhuaman; (a hilltop fortress looming over Cusco to the north with three ramparts of zigzag walls that run for nearly 300 meters on its north side) we connect with the rocks which contain messages and lessons for a new era through geometrical symbols. Here we make a connection with fire. Tonight we overnight in Cusco Ruinas Hotel.

Day 10 Oct 16th (b/-/-) CUSCO / TIPON Today we will have a 40 minutes bus ride to Tipon, a little known Inca ruin complex southeast of Cusco. It consists of a vast walled enclosure with some of the most complex Inca drains, water works and baths, some of which are still functioning. The location is superb, with stupendous views of the mountains and Valley. Uphill from the enclosure is a magnificent Inca aqueduct which we will use for a purification ceremony. We will visit the Coricancha temple which was designed to be used as an astronomical observatory and calendar for precisely calculating the movements of the sun, stars and planets. It is said that forty or so lines emanating from the temple, running absolutely straight for hundreds of miles linking to significant celestial points on the horizon. Tonight we overnight in Cusco Ruinas Hotel.

Day 11 Oct 17-18th (b/-/-) FLY CUSCO / LIMA / HOME Back to the airport to depart from the Land of the Apus and return home. We say our last goodbyes, hugs and kisses as we prepare to take our new dream of heaven back to our lives!