

**Oaxaca: Day of the Dead – A Celebration of Life!**  
**October 28th-November 3rd, 2009**  
**Led by: don Miguel Ruiz Jr.**  
[www.journeysofthespirit.com](http://www.journeysofthespirit.com)

**Dear Spiritual Traveler,**

Thank you for joining us on this fantastic Journey of the Spirit! We are excited you could join us for this heartfelt adventure. To make sure you have a great trip, we have enclosed some helpful information.

**Before the trip**

Please sign and return the “Trip Application, Statement of Psychological and Health Conditions, and Release of Liability and Assumption of All Risks Forms” to **Journeys of the Spirit, 420 Dover Highlands Trail, Ellijay, GA 30540** by **September 1st, 2009**. A deposit of \$500.00 per person is preferred by **September 1st, 2009**. Final payment is due **October 1st, 2009**. Any cancellation made in writing before September 1st, 2009 will result in a cancellation fee of zero. Any cancellation made after September 1st, 2009 up to the date of departure and after, will result in total loss of your \$500.00 deposit along with any non-refundable fees pre-paid to our suppliers in Oaxaca. Trip cancellation insurance is recommended to cover such issues. The deposit is what confirms your reservation.

All forms must be signed and received in the office before departure or you will not be able to travel with us. Please understand our insurance carrier requires this of us! Also, it is essential that you put your flight information on the trip application form so we know when your flight is arriving!

**Arrival in Oaxaca!**

You are responsible for your travel arrangements to Oaxaca; once you arrive we take care of getting you where you need to be! You must be at the Oaxaca Airport no later than **6:00-6:30 pm** on **October 28st, 2009**. If you cannot get to Oaxaca by 6:00-6:30 PM consider coming into Oaxaca the night before and staying overnight (you will be responsible for the extra night). We can get you a room at our hotel if you have these circumstances. If you arrive later than 6:30pm we will have to arrange for special transportation for you to the hotel at an additional cost (approximately \$30.00).

Please look for the Journeys of the Spirit sign when you exit from customs in the Oaxaca airport. Please stay with your luggage at all times, it will leave you if unattended! If you get into Oaxaca early, feel free to go to a restaurant and eat, but always have your luggage with you or within your sight and plan on checking in with the group early.

**Departure from Oaxaca City**

Please schedule your flight departing from Oaxaca on **November 3rd, 2009** no earlier than **10:00am** if possible.

## Money

It is a good idea to have money changed from dollars to Pesos while you wait for the group. There are some exchange places in the airport and in the town of Oaxaca (at the local banks). In general you will need about \$25.00-35.00 per day for food (lunch and dinner) and things you might like to bargain for and buy (the arts and crafts are incredible). Please note that after breakfast we go out for the day and often do not get back for dinner until after 5:00 PM. If you need to eat or snack often, make sure you have power bars, nuts, trail mix or whatever you need to take care of your body! We make time for lunch but some of us need to eat lots of snacks. Our hotel and most restaurants in Oaxaca will accept payment for your food with a credit card. Also note that purchasing water everyday is a necessity since the water in Mexico is not drinkable.

## Ground Transportation

We will depart the Oaxaca City Airport by bus promptly at 7:00 PM. Should your flight arrive late, please call go to the transportation desk in the airport and tell them where you are staying and they will arrange either a group transport (cheaper around \$15.00 USD) or a private taxi. They are **very good** at doing this at this airport and are safe.

## Hotels

Please let your family or a friend know where you are while you are away. Our phone number at Hotel Casa del Sotano is 52 + (951) 516 2494 and/or 52 + (951) 501 1827 and the address is: Tinoco y Palacios 414, Centro, 68000 Oaxaca, Oax.

## Daily Itinerary

The actual schedule of spiritual teachings and what we will be doing day to day is not published. This is because we teach by channeling spirit which comes in the moment. Every day will be a magical experience for all of us, teachers included! Keep your heart and mind open to the experience life brings us. Depending on the group energy, the program may shift in any direction. Please put your "voice of knowledge" and "need to know" at rest.

On these journeys you will make new friends that share the same desire for transformation as you do. These connections are special and often last a lifetime. When the journey on the path gets weary, it is nice to have some companions that can laugh along with you and shine some light on the darkness. We work hard on these journeys but we also have great fun, laugh a lot and get pretty crazy!

Be assured that we have a wonderful journey planned for you. We look forward to a most exciting adventure together!

With all our love,  
Journeys of the Spirit and don Miguel Ruiz Jr.